

PHYSICAL EVIDENCE	EMOTIONAL CARE	MEDICAL CARE
The choice of completing the Sexual Assault Evidence Kit	Crisis counselling and Information and referrals to community agencies	Physical examination, assessment and treatment to injuries
All Services are optional and will be the choice of the client	Short term counselling is available at any point throughout your recovery	Medications to prevent sexually transmitted diseases
The police will not be called unless the client chooses	Information on pregnancy, HIV and AIDS	Information on sexually transmitted diseases

Services:

We offer care to anyone who has experienced sexual assault. We are committed to providing sensitive, non-judgmental, individualized care to all. We are committed to providing accessible and responsive care to all folks. As well, we welcome individuals from all racial, ethnic/cultural, religious groups, members of sexual minority groups and persons with disabilities

Sexual Assault Care & Treatment Centre:

Guelph-Wellington Care & Treatment Centre For Sexual Assault & Domestic Violence

(519)-837-6440, ext. 2728
24 Hour Triage, ext. 2210

www.gghorg.ca

For more information go to the Ontario Network of Sexual Assault/ Domestic Violence Treatment Centres:

www.sadvtreatmentcentres.net

The Domestic Violence Care Centre helps people who have experienced domestic violence by a current or past intimate partner.

Services:

MEDICAL CARE:

Physical examination, assessment and treatment to injuries

EMOTIONAL CARE:

Crisis counselling

Safety planning

Information and referrals to community agencies

Short term counselling is available at any point throughout your recovery

PHYSICAL EVIDENCE:

Documentation & or photos of injuries is available

All services are optional and will be the choice of the client

ONGOING MEDICAL CARE:

Ongoing medical care will be provided by our team of nurses

Guelph-Wellington Care & Treatment Centre For Sexual Assault & Domestic Violence



About Us...

The Guelph-Wellington Care & Treatment Centre for Sexual Assault and Domestic Violence has a team of specialized professionals who have training and experience caring for people who have experienced sexual assault and/or domestic violence.

The Care and Treatment Centre services are available 24 hours a day, seven days a week.

How to Get Services...

Come directly to the Emergency Department at the Guelph General Hospital, 115 Delhi Street in Guelph and ask to see a member of our team. They will be paged immediately.

Whenever possible, clients are offered a private waiting area until the nurse arrives - usually within an hour. Any injuries requiring immediate attention are looked after in the Emergency Department first.

For non-urgent appointments call 519-837-6440 ext. 2728

What is Sexual Assault?

Sexual assault is any form of unwanted sexual activity forced upon a person without that person's consent. It can include anything from unwanted sexual touching to forced intercourse. Usually, the person who commits the assault is someone known to the victim. While most sexual assaults are perpetrated against women, men can be and are sexually assaulted. (is that part nesc?)

What are common reactions?

You may have trouble eating sleeping and concentrating. You may also feel anxious about sexual matters. It is not unusual to feel isolated, helpless, angry, as well as fearful and out of control. Guilty may be experienced, but remember you are *NOT* to blame.

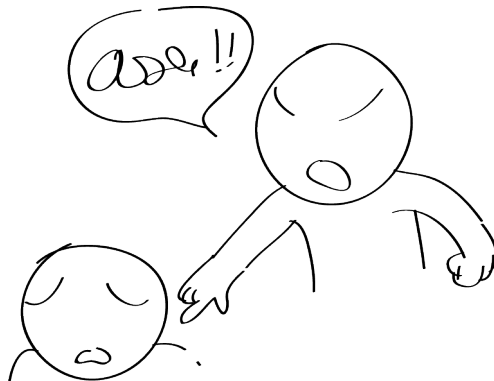
Short term counselling is available at any point throughout your recovery.



What is Domestic Violence/Abuse?

Abuse can take many forms:

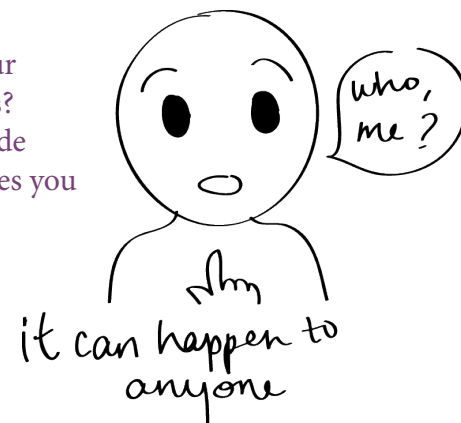
- Emotional/Isolation: Name-calling, put-downs, insults, threats, trying to isolate you from friends and family, ignoring you or making cruel comments, jealousy
- Financial/Controlling money: Not allowing you to work, making you pay for everything, one person decides how all the money will be spent
- Physical: Slapping, biting, kicking, punching, holding you down
- Sexual: Forcing you to have sex, using sex as a punishment



Dangerous Signs!

Talk to someone you trust if these problems happen in your relationship...

- Jealousy
- Aggression: Does your partner get aggressive, angry, or scare you?
- Put Downs: Do they make fun of your appearance, intelligence, or decisions?
- Controlling Behaviour: Do they decide where you go, what you do, the clothes you wear, who you talk to?



You Deserve Respect.